

Little Citizen's Menu - Week Three

	Morning Tea	Lunch	Afternoon Tea	Dinner
Monday	Bread - Marmite Fresh Fruit Water & Milk	Summer Sandwiches & Muffins & Water Winter Sandwiches & Soup & Water	Baking Fresh Fruit Water & Milk	Chilli Con Carne & Rice Water
Tuesday	Toast - Marmite & Tuna Fresh Fruit Water & Milk	Beef Bolognese Water	Fruit Bread Cheese Sticks Fresh Fruit Water & Milk	Fish Pie Water
Wednesday	Toast - Marmite Water & Milk	Chicken Chow Mein Water	Snacking Platter Fresh Fruit Water & Milk	Meatloaf & Mash Potatoes Vegetables Water
Thursday	Cheese and Crackers Fresh Fruit Water & Milk	Burgers with Salad and Cheese Water	Toast - Marmite Fresh Fruit Water & Milk	Macaroni Cheese Water
Friday	Baking Vegetable Sticks Fresh Fruit Water & Milk	Kumara & Black Bean Patties Coleslaw & Yoghurt Water	Toasties Fresh Fruit Water & Milk	Butter Chicken & Rice Water